Please find below, Utah State Parks and Recreation news for March 23:

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- Cold Water Dangers and Survival Tips
- Upcoming Utah State Parks Events

COLD WATER DANGERS AND SURVIVAL TIPS

Salt Lake City - As ice begins to melt off reservoirs, Utah State Parks boating officials remind everyone to be aware of sudden spring storms and cold water temperatures.

"You never know when you might end up in the water. Life jackets not only keep you afloat, but provide an extra layer of warmth," said Assistant Boating Program Manager Chris Haller. "The combination of additional heat and flotation might mean the difference between life and death."

Haller recommends these cold water boating safety tips:

- Have a ladder or a method to re-board your boat
- Carry a signaling device, such as a mirror or flare gun
- Carry a cell phone or marine band radio with service where you boat
- Always tell someone your boating plans including where you are going and what time you will return
- Check local weather conditions before heading out
- Carry proper equipment on board your boat

For more information, visit stateparks.utah.gov or call (801) 538-BOAT. Wear it Utah!

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UPCOMING UTAH STATE PARKS EVENTS

April 5 and 12 Dead Horse Point State Park - Moab Incredible Insects- Desert insects have unique adaptations that enable them to survive and thrive. Learn about our local insects and explore the desert to see what you can find! Meet at the visitor center amphitheater at 7:30 p.m. for this half-hour program. (435) 259-2614

April 6and 13 Dead Horse Point State Park - Moab Plants and People of the Colorado Plateau- Join the park naturalist for a half-hour program about the plants and people of the Colorado Plateau. Find out how the Prehistoric Indians lived in the area with no grocery stores or modern conveniences. Meet at the visitor center amphitheater at 7:30 p.m. (435) 259-2614

April 10 Wasatch Mountain State Park - Midway Bobcats- Join the park naturalist from 10 a.m. to noon to learn about the lives of local wildlife. This program is free and everyone is welcome. (435) 654-1791

April 15 Utah Field House of Natural History State Park Museum - Vernal Lecture- Join Vertebrate Paleontologist Dr. Kenneth Carpenter for a lecture on how to fossilize a dinosaur. The lecture begins at 7 p.m. (435) 789-3799

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